

# EMPOWER YOUR CLUB

## LEADERSHIP SERIES

### SPEAKER'S BIOS



**JOHN DUNNING**  
**JVRA Executive**  
**Board Member**

John Dunning, an AVCA Hall of Fame Inductee, retired in 2017 after coaching volleyball for 42 years, 10 at the high school/club level and then for 32 seasons at University of the Pacific and Stanford University.

In 1985, Dunning stepped onto the Pacific campus, guided the team to a national title in his first year as a collegiate head coach and was named the Volleyball Monthly National Coach of the Year. The next year, 1986, he helped the squad repeat its landmark feat. Dunning's pair of titles with the volleyball program remain the only two national championships in any sport in Pacific's history.

His teams at Pacific and Stanford captured five national titles, the second-most in NCAA history, and coached in more Division I national title matches (10) than anyone. Dunning took all 32 teams he coached to the NCAA Tournament and led 27 of those teams to an NCAA Regional. He ranks among the top five coaches all-time with a .828 career winning percentage, and his 888 career wins are the seventh-most all-time by a Division I head coach. During his 32 year career his teams were 91-27 in the NCAA Tournament and he coached 40 athletes to 81 All American awards.

Dunning capped off his illustrious career with a fifth national title in 2016. The Cardinal, which was the youngest team to play in a national title match with four freshmen starters, defeated three higher-seeded opponents on its journey to the championship. He was honored as the AVCA Coach of the Year for the second time during his tenure at Stanford.

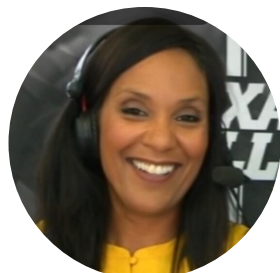
Dunning now resides in Lodi, California with, Julie, his wife of 45 years. They have two children, Lisa and Lauren, and two grandchildren McKenzie and Cole.

John is one of the founders of Art of Coaching, where he contributes greatly with on and off the court education sessions and consulting. He currently is a founding Executive Board Member of the Junior Volleyball Recruiting Association.

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**SALIMA ROCKWELL**

**JVRA**

**Board President**

Salima Rockwell retired as the Penn State Associate Head coach following the 2017 season after coaching in Division I Volleyball for 17 years. Her last 4 seasons as an Associate Head Coach were spent at Penn State University from 2014-2017, where her primary duties include working with the setters and the offense, recruiting and match preparation. Prior to her most recent stint at Penn State, she was The Associate Head Volleyball Coach at The University of Texas, where she earned the AVCA Assistant Coach of the Year award in 2012 when the team won the National Championship Title.

Before coaching at The University of Texas, Rockwell returned to Penn State after spending the 2005 season as an assistant coach at Oregon State under legendary head coach Terry Liskevych. She spent three seasons at Penn State, one as the Director of Volleyball Operations in 2006, and two as an assistant coach in 2007 and 2008. Between her playing days at Penn State and coaching at Penn State and Texas, she has participated in 10 final fours and won 4 National Titles and mentored and coached numerous All-Americans. While she has retired from coaching,

The former Salima Davidson was a four-time All-Big Ten selection, Big Ten Player of the Year in 1993, Penn State Female Athlete of the Year, a four-time AVCA All-Region selection, two-time member of the NCAA Championship All-Tournament team, and a three-time All-American setter for the Nittany Lions from 1991-94. She was an alternate in the 1996 Olympic Games in Atlanta Georgia and subsequently served as a two-time team captain of the U.S. National Team in 1997 and 1998 where she earned The Coaches Award during both of those seasons and the MVP award at the BCV Cup in Montreaux, Switzerland.

Salima still ranks fourth all-time on Penn State's career assists list with 5,455 and sits fourth on the career assists per game list (12.34). She was inducted into the Pennsylvania Volleyball Coaches Hall of Fame. Rockwell graduated in 1994 with a Bachelor of the Arts in Speech Communications.

Salima is keeping her hand in the game of volleyball as the current Technical Director of Training at Austin Junior Volleyball, color commentator for both ESPN and BTN as well as the Board President of The Junior Volleyball Recruiting Association. She lives in Austin Texas with her husband of 16 years, Jeff Rockwell, and their two sons Logan (15) and Rylan (10).

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**KARA PRATT**  
**JVRA BOARD**  
**VICE-PRESIDENT**

Recruiting Director, Volleyball Coach and Part Owner of FAST Complex, Home of Houston Juniors VBC.

Kara is entering year 18 of coaching club volleyball. She started her club coaching career in 2002 with her club career alum, Texas Tornados VBC, in Cypress, Texas. In 2010, Kara made the move to Houston Juniors VBC, to help continue to run the oldest club in the City of Houston. In 2010, Houston Juniors went from 4 teams to 27 teams. Over the course of the last 8 years, Houston Juniors has grown to be one of the largest and most successful clubs not only in Texas, but in the Country.

Her personal successes include 16 straight trips to the Junior National Championships; earning medals at national qualifiers as well as the Junior National and AAU Championships. In 2006 her team earned a Bronze Medal in the 14 National Division. In 2012 and 2013 her team earned a Silver Medal and Bronze Medal in the 14 USA Division. During the 2008 AAU National Championships in Orlando her team earned a Bronze Medal in 14 Open as well as 2 of her players were selected to the All-American 14 Open Team. She has had an opportunity to coach with the USA Volleyball HP A2 Program as a Head Coach as well as a Head Coach for the Lone Star Regional High Performance Program.

As a Recruiting Director, she has developed relationships and gained knowledge of the wants and needs for college athletic programs from all levels. Her passion and drive to make sure both players/parents and college coaches are put in the best positions to be successful. Previous successes are securing 98% of each senior class into the next level of their volleyball careers.

Born November, 24, 1980, Pratt attended Blinn College and Texas A&M Kingsville to further her education and collegiate volleyball career. Kara and her husband, Thomas, have two daughters (Alexis & Mia) and a son (Jaxon) and reside in La Marque, Texas.

Kara has been instrumental in the growth of recruiting education for clubs across the country and with the formation of the JVRA and it's resources.

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**T'ERE WALLACE**

Tonya T'ere Wallace has an MBA, with a specialization in Project Mgmt; and is also certified as a Scrum Master, and SAFe practitioner.

She currently works as a Sr. Release Train Engineer for Cox Automotive; and owns Gideon VI LLC, an IT software company with her husband. In addition, she serves on the Board of Directors for AgileIndy, a non profit organization focused on agile and supporting frameworks serving its 1,000 member base in Indianapolis, Indiana.

She is also a certified speaker, coach and trainer with the John Maxwell Team, and DISC facilitator. Tonya's passion for personalities allows her to grow individuals, and teams through DISC, and leadership training.

As a mother of six athletes, she has assisted schools and teams throughout the Midwest on how to understand, teach and coach to personality types.

**ABSTRACT:** Coaches desire to drive an athlete's potential to its peak. And, effective coaching lends itself to understanding how the knowledge of personality types can influence the relationship between team members, and coaches/players.

The game of Emotional intelligence is played on and off the court, and is a game changer from a coaching aspect. Give your coaching a boost, by discovering how DISC can reveal secrets to elevate your team.

Tonya's first hand experience with athletes at all levels gives her key insight into their motivation and learning methods.

Munciana Volleyball invited her to lead high school athletes in a DISC group discovery session for their Elite Camp in July, 2019.

"Tere's DISC presentation is a great tool for younger athletes to tap into their personality traits and identify leadership qualities. During the process they learn how they can improve performance and become a better teammate. It is an informative and interactive experience for all involved, including coaches", Wes Lyon, Munciana VBC Co-Owner/Club Director.



**PATTY COSTLOW**

**JVRA**

**EXECUTIVE DIRECTOR**

Director of Recruiting/Marketing, Munciana Volleyball Club

Patty Costlow is the founder and Executive Director of the Junior Volleyball Recruiting Association. She is heading into her sixth year as the Recruiting Coordinator for Munciana Volleyball Club. In the fall of 2018, she assumed the role of Director of Recruiting and Marketing for both their flagship facility in Yorktown, Indiana and the MuncianaINDY location in Indianapolis. Costlow oversees all recruiting efforts on behalf of their girls and boys programs.

Patty has been involved in the sport of volleyball at various levels for over 40 years (club coach, program director, program development, semi-pro beach and indoor player). Utilizing her 40+ years of experience in both playing and coaching/teaching the sport of volleyball, it was a natural progression for her to transition into the recruiting arena.

She brings her passion for developing leaders and helping young athletes pursue their life goals to all aspects of her responsibilities as the Recruiting Coordinator for one of the top clubs in the country. Patty developed a comprehensive program for Munciana VBC, authored articles for the JVA (Junior Volleyball Association) and speaks on a national level to parents/athletes in regards to collegiate recruiting. Currently, she is in the process of writing a book on the evolution of collegiate sports recruiting...looking to launch in the fall of 2020.

In December of 2018, along with key members of the volleyball community, Patty launched the Junior Volleyball Recruiting Association (JVRA) and serves as the Executive Director. The Junior Volleyball Recruiting Association educates, equips and empowers junior volleyball club personnel, college and high school coaches through professional resources, programming, strategic relationships and advisory opportunities for the betterment of the process for the prospective student-athlete at all levels.

Patty is a mother of four, John, Mike, Courtney, Hannah and the proud grandmother of Charlee Rose & Averie Marie. Patty and her husband Chris reside in Carmel, Indiana. She is a graduate of the University of Illinois.